

## MONTREAL COUNCIL OF WOMEN – LE CONSEIL DES FEMMES DE MONTRÉAL

## PRESIDENT'S MESSAGE



## MCW IN ACTION: A NEW SEASON

As the month of October draws upon us, days become shorter and the air is brisker. Garden foliage is dying down while maple and apple trees splash vibrant colours against autumn's azure skies. A busy month lies ahead for us all with the federal election being front and centre on many people's minds.

As a council, we must remain studiously non-partisan - which is not to say that the Council and its members will not be taking note of the platform positions taken by the various parties vying to lead our country into the next decade.

Jurisdiction "borders" matter. While it is true that the MCW, as a municipal organization is tasked with defending and speaking up for women and families in the greater Montreal region, it is also true that decisions taken at both the federal and provincial levels can and do impact our local citizenship. Our quality of life, along with the issues we are concerned about are central to the political discourse that is part of any electoral process. It is for these reasons that I urge you to register and attend the Candidate's Panel on October 3rd. Our VP of Government Affairs, Maria Peluso, who last month presented a very successful seminar on advocacy and lobbying, has put together the 4-party all-female candidates' panel. You can find event and registration link and details on p. 2 of this bulletin.

The MCW has been active across its 126 years in contributing to the National Council of Women of Canada's impressive portfolio of policy statements. We invite you to review the numerous policies that might further impact your decision-making process at <http://www.ncwcanada.com/communications/policy-and-briefs/policies-alphabetically>

Outside of elections, the aforementioned brisk air has us all coming to grips with the undeniable approach of winter and "la grippe!" You can find information on the Quebec government's flu vaccination program, which begins November 1, at <https://www.quebec.ca/en/health/advice-and-prevention/vaccination/flu-vaccine/>

Last but not least, the Council's Strategic Planning exercise held in August is proving to be an excellent resource tool that will continue to help inform our collective decision path into the next decade thanks to the excellent participation and input of so many. We have created a report summarizing the takeaways of this memorable meeting that is available to members upon request. Please email [mcwInformation@gmail.com](mailto:mcwInformation@gmail.com) with "Strategic Plan 2019" in the subject line for your copy.

Enjoy this month's bulletin and for more news I encourage you to check out, "like" and "follow" us on Facebook and support the Council by sharing our posts on our page at <https://www.facebook.com/MCWCFM>

Happy October, Joyeuse Action de Grâce and Enjoy Halloween!

Also, don't forget to celebrate International Day of the Girl Child on October 11th (see page 2 for details).

## Penny Rankin - President

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## Bulletin Editor

Linda Monteiro

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Dear Members,

It seems some of you may have missed out on notices and information from us and we really want to stay in touch with you all.

Please be sure to include all 3 of our MCW emails in your contact list as follows: [mcwInformation@gmail.com](mailto:mcwInformation@gmail.com) [mcwMembers@gmail.com](mailto:mcwMembers@gmail.com) [mcwBulletin@gmail.com](mailto:mcwBulletin@gmail.com)

Please send your bulletin contributions before the 10<sup>th</sup> of the month to [mcwbulletineditor@gmail.com](mailto:mcwbulletineditor@gmail.com)

Thank you.  
Enjoy your bulletin!

**ALL CANDIDATES PANEL – 2019 FEDERAL ELECTION****Thursday, October 3, 2019**

Lunch (\$10) 12:00 - 1:00 p.m. &amp; Panel 1:00-2:00 p.m.

2700 Rufus Rockhead

Registration required [CLICK HERE](#)

The campaigning has begun and the candidates are off and running with October 21, 2019, just a few weeks away. Courageous women are putting themselves on the line to seek elected office. Hear what they have to say and where their Party stand on issues that are important to us all.

The event will be moderated by Christina Paylan, a remarkable woman and leadership researcher. She alone will direct questions to the panel. It is no secret that this election, as have others, will be critical for the outcome of numerous issues, including the status of women.

Candidates are expected to arrive in time to mingle during the lunch period that begins at noon. The panel itself will begin at 1:00 p.m.

This is expected to be a dynamic event that will likely stimulate plenty of fruitful discussions around our dinner tables during the lead up to the election!

**Moderator**

Christina Paylan, (JMSB) President, John Molson Women in Business

**Candidates**

Zahia El Masri, NDP Candidate, Ahuntsic-Cartierville

Mariam Ishak, Conservative Party Candidate, Pierrefonds-Dollard

Alexandra Mendes, Liberal Party Candidate, Brossard-St.Lambert

Alessandra Szilagyi, Green Party Candidate, Saint-Léonard-Saint-Michel

**MCW NOVEMBER LUNCH & LEARN**

SENIOR OUTREACH &amp; MEDICATION SAFETY

**Speakers: Miranda Potts****with pharmacists Jona Destine and Markinson St-Martin**

November 7, 2019, at 2700 Rufus Rockhead

Lunch at noon. Presentation: 1:00-2:00 p.m.

Ms. Potts, an Outreach Worker for Seniors in NDG and Board member will discuss and present her work with the 55+ community. Medication safety will also be covered by our two guest experts, pharmacists Jona Destine and Markinson St-Martin.

**About Miranda Potts, MCW Convener on Seniors**

Raised by an activist mother, Miranda grew up on the picket lines and has been involved in community work and social activism for most of her life. Upon obtaining a DEC in Special Care Counselling, she was hired by Prevention CDN-NDG as the first outreach worker for the 55 plus community. Her mandate is aimed at reducing and eradicating isolation and elder abuse, both of which are highly prevalent within the senior community. Through this position she has been able to initiate various programs that include "Older & Wiser"- a monthly information lecture series, as well as a creative knitting circle "Where the Heart Is" where participants knit and create for those in need. These intergenerational programs are designed to bridge the gap between youth and seniors. She sits on several tables/committees advocating on behalf of seniors. Her focus is on housing and access to health and social services.



Miranda's passions include advocating for marginalized people, inclusion and diversity. She is especially dedicated to fighting for the rights of our seniors, women, cultural and First Nation communities. When asked what draws her to this type of work she answered, "It is what I know and what I love. Seniors are excellent sources for knowledge and experience from which to learn from. Helping them with their various needs and aiding with enhancing their quality of life is my way of returning gratitude for their existence and a form of giving back to society."

Miranda loves to travel extensively to learn about other cultures. She has a 20-year-old daughter and resides in the NDG area.



The International Day of the Girl Child/Day of the Girl was first established by the UN on October 11, 2012. The observation supports more opportunities for girls and increases awareness of gender inequality faced by girls worldwide. This inequality includes areas such as access to education, nutrition, legal rights, medical care, and protection from discrimination, violence against women and forced child marriage.

The celebration of the day also reflects the successful emergence of girls and young women as a distinct cohort in development policy, programming, campaigning and research. For more information: <https://www.un.org/en/events/girchild/>

## PUBLIC CALL FOR CANDIDATES FOR 2020 EDITION OF L'ORDRE DE MONTRÉAL

MCW invites you to propose a member candidate for this award. Please email [mcwinformation@gmail.com](mailto:mcwinformation@gmail.com) with "Ordre de Montréal" in the subject line. Please submit your nominee **no later than October 20th.**

Given the tight time line the final decision as to whom the MCW will put forward for this honour will be taken by members of the Board of Directors. See below the Call for Candidates letter for more information.



To whom it may concern,

On the occasion of its 375th anniversary, Montréal marked an important milestone in its history by establishing its own honorary order: the Ordre de Montréal.

The Ordre de Montréal is inspired by secular traditions, and it constitutes the city's highest distinction. It recognizes the talent and achievements of people who help shape our city, in all spheres of activity.

Every year on May 17 – the anniversary of the founding of Montréal – some 17 exceptional citizens will thus be named to the Ordre during an official ceremony hosted at City Hall.

The public call for candidates for the 2020 edition of the Ordre continues until October 31, 2019.

The 2019 edition saw the following Montrealers named to the Ordre de Montréal's prestigious list of members: Sylvie Bernier, Edith Cyr, Trang Hoang, Madeleine Juneau, Gina P. Cody, Sylvie Rochette et Pauline Wong, as well as Jean Beaudin, Léopold Beaulieu, René Richard Cyr, Nassib El Hussein, Paul-André Fortier, Jean-Claude Fouron, Jean-Claude Poitras, Joseph Rouleau, Louis Sabourin et Jobie Tukkiapik.

We invite you to tell people in your social network about this institution and to submit a candidacy. In order to do so, please visit the Ordre de Montréal website ([ville.montreal.qc.ca/ordre](http://ville.montreal.qc.ca/ordre)) for complete details.

Yours sincerely,  
Secretariat  
Ordre de Montréal

## SEMINAR ON ADVOCACY & LOBBYING REVIEW

The "Advocacy & Lobbying" seminar given by Maria Peluso, MCW VP Government Affairs on September 5th could be described as a condensed version of "everything you wanted to know about lobbying and advocacy."

In a short period of time Maria managed to cover a wide swath of advocacy and lobbying material including defining terms, providing historical data and breaking down the process. Whether the goal is to transform society or to fix an issue, she reminded us that patience is the most important factor, as change rarely happens quickly but rather over a very long time and in small increments. She emphasized the importance of choosing a suitable cause and understanding the subject matter based on solid research and facts, including the legal, financial and historical frameworks involved. She spoke on how to deal with governments, local and national, the press, allies and opponents and the importance of language and tone.

Throughout the seminar, Maria provided interesting anecdotes of successful and some not so successful campaigns, many from her own personal experience. If you would like to receive a copy of the PowerPoint slides shared at September's meeting, please email [mcwinformation@gmail.com](mailto:mcwinformation@gmail.com) with "Lobbying" in the subject line.

*Submitted by MCW member Linda Serpone.*

## CONGRATULATIONS RENATE SUTHERLAND!!

You are #1 in our books!

MCW Treasurer, Renate Sutherland, was recently named one of 100 'Notable Woman' as part of the Canadian Federation of University Women's 100th year celebrations.

Well deserved! Bravo! We at the MCW feel blessed to have you on board!





The Women's Art Society of Montreal presents:

**October 15, 2019:** Teaching Artist, Deirdre Potash speaks about "The Legacy of the Group of Seven."

**October 29, 2019:** Writer, Rita Pomade discusses her book, "Seeker: A Sea Odyssey."

1:30 to 2:30 p.m. Unitarian Church of Montreal, 5035 de Maisonneuve West. Nonmembers \$10. New members welcome - men also.

514-495-3701

[www.womensartsociety.com](http://www.womensartsociety.com)

The **Montreal Lakeshore University Women's Club** is hosting a scholarship dinner fundraiser **"MLUWC GOES ITALIAN."**  
 Wednesday, October 23, 6:30 pm  
 at the Karnak Shrine Centre, 3350 Sources Blvd.  
 Tickets \$65.00 (taxes & tip included)



<https://www.mluwc.com/events>

514-637-9598



**UWCM**

University Women's club of Montreal  
 Monthly Dinner Meeting

**October 16, 2019**

La Classe, 2000, Sainte Catherine Street W.  
 Meeting begins at 18:00 with seating at 19:00.  
 \$25.00/person, tax & service incl. Cash only.

**Guest Speaker: Dr. Christiane Hudon**



Professor Hudon recently retired from the Department of Biology at the Université de Montréal. She is an expert on the sensitivity and vulnerability of aquatic ecosystems and wetlands to the cumulative impact of human activity. For her research, Dr. Hudon received an Environment Canada Excellence Award as well as an International Joint Commission Certificate of Recognition.

Reservations must be sent by October 11 to [uwcmontreal@aim.com](mailto:uwcmontreal@aim.com).

**UN Women and UN Focus  
 October Calendar**



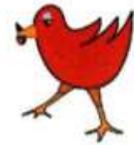
1 Oct	Tue	International Day of Older Persons
2 Oct	Wed	International Day of Non-Violence
5 Oct	Sat	<a href="#">World Teachers' Day</a>
10 Oct	Thu	<a href="#">World Mental Health Day</a>
11 Oct	Fri	International Day of the Girl Child
16 Oct	Wed	<a href="#">World Food Day</a>
17 Oct	Thu	International Day for the Eradication of Poverty
24 Oct	Thu	<a href="#">World Development Information Day</a>
24 Oct	Thu	<a href="#">United Nations Day</a>



Centre universitaire de santé McGill  
McGill University Health Centre

**The Auxiliary of the Montreal General Hospital Early Bird Boutiques 2019**

Presents: Artists, Artisans, Collectables, Café  
Montreal General Hospital, 1650 Cedar av., Livingston Hall  
**October 31: 9:30 a.m. - 4 p.m. and November 1, 2019: 9:30 a.m. - 2 p.m.**



To all volunteers: time for making jams, relish, preserves, baking and knitting to donate. Jewelry and elegant collectible are graciously accepted. You may bring your donations on Oct. 30 & 31 to Livingston Hall. Please leave donations prior to the event in the Auxiliary office L6.219 or Volunteer Office. L6.227 Information: 514-934-1934 ext. 43009 or [mgh.auxiliary@muhc.mcgill.ca](mailto:mgh.auxiliary@muhc.mcgill.ca). All proceeds will benefit patient care.

**SAVE THE DATE**

**CHW ART AUCTION**

Honouring the talented artist

**John Barkley**

**Tuesday, November 5  
7:30 pm  
at Kandy Gallery**



Tickets:  
\$125 per person  
\$75 under 35 years old



**For tickets, call 514-933-8461**



First Lecture of the 2019-2020 season  
**The Evolution of Medical Cannabis in Canada**  
Tuesday, September 17, 2019 at 12:30 p.m.

Speaker: Nancy Neil

Victoria Hall: 4626 Sherbrooke St W.,  
near Lansdowne Ave., opposite #24 bus stop.

Reservation:

Carolyn Roper (514 932-4005)

Kim Cavener, President, (514 887-0113)

The DKG QUEBEC  
**Speakers Series**



DKGQUEBEC.COM

**October 17, 2019**

**THE FUTURE OF ENGLISH  
PUBLIC EDUCATION IN QUEBEC**



The future control and management of English public education in Québec - The Canadian Charter of Rights and Freedoms affords the English-speaking community of Québec certain powers to control and manage our school system. A series of recent decisions by the Government of Québec, and its intention to abolish school board elections, pose a serious risk to the continued ability of our community to exercise that control and management. Mr. Copeman's presentation will examine this issue in the context of Canadian minority-language education rights and will comment on its potential impact on the future of English education in Québec.

**Russel Copeman**

Russel Copeman holds a Bachelor of Arts Honours degree in Political Science from McGill University and completed his graduate studies in Public Policy and Public Administration at Concordia University. Mr. Copeman was named Executive Director of the Quebec English School Boards Association in September 2018 and is also a member of the teaching staff of McGill University's Max Bell School of Public Policy. From 1994 to 2008, he was the Member of the Québec National Assembly for Notre-Dame-de-Grâce. He was the Mayor of the Borough of Côte-des-Neiges - Notre-Dame-de-Grâce and served as a member of the Executive Committee of the City of Montréal from 2013 to 2017.

PROFESSIONAL INTERNATIONAL HONOR SOCIETY OF KEY WOMEN EDUCATORS.  
LEADING WOMEN EDUCATORS IMPACTING EDUCATION WORLDWIDE

*Learn to play Mahjong*

Join CHW for lessons with a private instructor in a small-group setting

**Mahjong Madness  
Fall Session**

Four THURSDAY Evening Classes

OCTOBER 3, 10, 17, 24

All classes between 7pm - 9pm

\$54 per person

Excelsior Party Room, 5775 Cavendish  
**Limited space available! Call 514-933-8461**

Materials provided





## **WIN TWO TICKETS TO THE WOMAN OF THE YEAR LUNCHEON**

Last year, the Montreal Council of Women held a membership drive with a goal to increase our federate membership by 30% and our individual membership by 10%. The drive was such a success in that we reached our federate goal (9 returning or new members) and our goal for individual members by over 20%!

Due to this tremendous success, the Board of Directors has decided to hold the drive once again this year. Spread the word, we need your participation!

For each new federate member who joins the MCW, you will obtain 3 chances to win two Woman of the Year luncheon tickets. For an individual member who joins the MCW, you will have 1 chance to win the contest. All members are eligible.

**Contest begins now and closes March 31, 2020 - Good luck!**

**For additional information, please feel free to contact Joan Macklin, Vice President, MCW Membership at 514-516-9023 or [jmacklin@videotron.ca](mailto:jmacklin@videotron.ca)**

**[montrealcouncilwomen.org](http://montrealcouncilwomen.org)**

