

**Montreal Council of Women  
UKRAINE RELIEF**

**List of Montreal based resources and charities**

|  |  |
|--|--|
| <p>Ukrainian Canadian Congress<br/>Quebec Provincial Council and Montreal Branch<br/><a href="https://uccmontreal.ca">https://uccmontreal.ca</a></p> <p><i>Links for donating money via</i></p> <ul style="list-style-type: none"> <li>- Canadian Red Cross,</li> <li>- Canada-Ukraine Foundation</li> <li>- Friends of Ukraine Defense Forces Fund</li> </ul> <p><i>Links to donate goods, clothes, supplies</i><br/><i>Links to volunteer to assist/house refugees</i></p> |  |
| <p>Plast Ukrainian Youth Association<br/>(Ukrainian Scouting Association)<br/>3355 Dandurand<br/>Montreal H1X 1M7</p> <p>Please contact:<br/><a href="mailto:plastmtlhelpukraine@gmail.com">plastmtlhelpukraine@gmail.com</a><br/><a href="https://www.facebook.com/PlastQuebec">https://www.facebook.com/PlastQuebec</a></p>  | <p>Saturday between 11 and 1 only)</p> <p><i>Access link for donations (via Canada Helps) or additional informatio through Facebook</i></p> <p><i>Donations are destined for international humanitarian relief agencies through scouting partners in Europe and through:</i><br/><i>Collaboration Santé Internationale</i><br/><i>Hospitaliers</i></p> <p>Plast Montreal is also collecting goods and supplies <u>limited to</u>:<br/><i>Military Equipment</i><br/><i>Medical Equipment</i><br/><i>See list on facebook page</i></p> <p><b>Clothing and other goods/supplies are not accepted</b></p> |
| <p>Assumption of the Blessed Virgin Mary Ukrainian Catholic Church<br/>6185 10<sup>th</sup> Avenue<br/>Montreal<br/><a href="https://abvmchurch.com/en/">https://abvmchurch.com/en/</a></p>  | <p>7/7<br/>11 a.m. to 1:00 p.m. or 5 p.m. to 8 p.m.</p> <p>See list on the <a href="https://uccmontreal.ca">https://uccmontreal.ca</a> site or <a href="https://abvmchurch.com/en/">https://abvmchurch.com/en/</a></p> <p><i>Non perishable food items</i><br/><i>Medical supplies</i><br/><i>Hygienic products</i><br/><i>Gift cards for grocery stores and pharmacies</i></p> <p><b>Clothing and other goods/supplies are not accepted</b></p>   |
| <p>St. Michael's Ukrainian Catholic Church ("Iberville Church")<br/>2388 rue d'Iberville<br/>Montreal, QC H2K 2C6</p>  | <p>7/7<br/>9:00 a.m. to 8 p.m.<br/>See list on website: <a href="https://uccmontreal.ca">https://uccmontreal.ca</a></p> <p><i>Medical supplies</i><br/><i>Clothing for soldiers only - thermal underwear, socks,</i><br/><i>Sleeping Bags</i><br/><i>Flashlights</i></p> <p><b>Clothing and other goods/supplies are not accepted</b></p>  |

|   |   |
|---|---|
| <p>Saint Sophie Ukrainian Orthodox Cathedral<br/>         6255 Bd Saint-Michel, Montréal, QC H1Y 2E8<br/> <a href="http://www.stsophiemontreal.com/">http://www.stsophiemontreal.com/</a></p> | <p>The church is open 9:00 am – 7:00 pm. PLEASE contact Sergei Stasiouk 514-569-1017</p> <p><i>Babies: NEW CLOTHING • Children and Women: NEW SOCKS AND UNDERWEAR • Diapers. Wipes. Baby Food in jar (carrots, beans cereal). Formula. Blankets NEW ONLY. Pacifiers NEW ONLY. Face cloths NEW ONLY • NEW stuffed animals or small games. Coloring books and crayons.</i></p> <p><i>• Hygiene products: Shampoo. Deodorant. Sanitary napkins. Toothbrush. Toothpaste. NEW in package. •</i></p> <p><i>Medical Supplies: Tourniquet, First Aid Kit, Military Survival Kit, Polysporin, Alcohol Pads, Peroxide Etc. •</i></p> <p><i>Army Supplies: Walkie Talkies. Sleeping bags. Flashlights (LED)</i></p> <p><b>Clothing and other goods/supplies are not accepted</b></p> |
|   |   |